**PURPOSE AND BACKGROUND**

The purpose of the Resilience Project is to provide trauma-informed supports to build resilience factors and mitigate the impact of stress or trauma. The project engages children and young adults who have experienced stress or trauma and have an intellectual/developmental disability and mental health diagnosis.

The Resilience Project began in 2013 with a grant award to Hamilton CountyDD Services from Ohio MHAS and DODD. In 2017, the project expanded and Greater Cincinnati Behavioral Health (GCBH), a long-time grant partner, became the project administrator. Hamilton County DD Services, Clermont County Board of DD, Clermont and Butler Child and Family First, Child Focus, and HOPE Community Center are key project partners.

**PROJECT COMPONENTS**

* A Trauma-informed Biographical Timeline to “get on the same page” about the person’s history and ways to support healing and growth
* A Resilience Worker offers individual, community-based supports to help the person build resilience
* A trauma-trained therapistsupports trauma recovery in individual therapy sessions
* A Peer Support Partner helps the family grow resilience and engage in a healing journey
* A Monthly Meeting with the person, family and all agency staff involved in the person’s life so that everyone is keeping in touch about what’s working and what needs attention
* Training about trauma, resilience factors, and practical trauma-informed supports
* Expert trauma supervision and consultation for all team members

**REFERRALS**

For Clermont and Hamilton County, referrals are encouraged for youth adults ages 8-24 who:

* Are Medicaid eligible
* Are served by the county board of DD and have a behavioral health diagnosis (adults); or an intellectual/developmental delay and mental health concern (children)
* Have a history of trauma or adverse experiences and are willing to get to engage in project activities
* Referrals must go through the County Board of DD. County board staff can use these guidelines:
* For adults age 19 and over living in Hamilton County or Clermont County – contact Cindi Crew at GCBH: [ccrew@gcbhs.com](mailto:ccrew@gcbhs.com)
* For youth ages 8-13 living in Hamilton County or Clermont County, referrals can be sent to Child Focus by email: [referral@child-focus.org](mailto:referral@child-focus.org). For questions, or to obtain a Child Focus referral form, contact Laura Stith [Lstith@child-focus.org](mailto:Lstith@child-focus.org) or Jennifer Rafferty at [Jrafferty@child-focus.org](mailto:Jrafferty@child-focus.org)
* Hamilton and Clermont County youth ages 14 - 18 can be referred to either Child Focus or GCB. GCB and Child Focus will confer to determine which agency is the best match. Contact either agency.

For Butler County, referrals are coordinated through Family and Children

* Contact Beth Race at [beth.race@bcesc.org](mailto:beth.race@bcesc.org)