

# APPLY FOR THE 5TH BIOGRAPHICAL TIMELINE FACILITATORS COHORT!

Applications are due Thursday, Sept. 7th.

**CLICK TO APPLY!**

<https://forms.office.com/r/dFdrsmnhQg>

This cohort is a community of practice dedicated to helping cohort members develop understanding, knowledge and skills to facilitate trauma-informed biographical timeline sessions that help people impacted by stress and trauma heal and grow.

## What you will learn from this cohort:

- How to prepare yourself, a family and a team for the Biographical Timeline
- The art and practice of Biographical Timeline Facilitation
- Best practices in supporting a team in learning from a person's biography and how to grow resilience in self and others.

## FACILITATOR'S AND HOSTS

Sarah Buffie  
La Shanda Sugg  
Dr. Adrienne Kennedy  
Danae Riggs

[Read their bio's on our website!](#)

This cohort will be supported by Regional Staff and Fellows including Andy Swaisgood, Laurie Martin, and Susan Blum.

## FORMAT

### Content Session:

Orientation to the Biographical Timeline materials and learning the Art and Practice of Biographical Timeline facilitation.

### Regional Session:

Practical application. Participants will practice facilitating Biographical Timeline sessions with support/coaching/feedback from facilitators and staff.

## Click here to read more about the cohort!

### After applying, please hold these dates on your calendar:

**Oct 12th, 2022:** Mandatory Intro Workshop, Virtual on Zoom, 10am-1pm  
**Oct 26th, 2022:** Kick off, Mandatory In-Person, Columbus OH, 10am-4pm

*All following sessions Wednesdays are from 10am - 1pm*

**Dec 14th, 2022:** Content Session #1 Virtual on Zoom  
**Jan 18th, 2023:** Practice Session #1 In-Person, Regional  
**Feb 22nd, 2023:** Content Session #2 Virtual on Zoom  
**Mar 8th, 2023:** Practice Session #2 In-Person, Regional  
**Mar 22nd, 2023:** Content Session #3 Virtual on Zoom  
**Apr 5th, 2023:** Practice Session #3 In-Person, Regional  
**Apr 19th, 2023:** Practice Session #4 In-Person, Regional  
**May 3rd, 2023:** Content Session #4 Virtual on Zoom  
**May 17th, 2023:** Practice Session #5 In-Person, Regional  
**May 31st, 2023:** Practice Session #6 In-Person, Regional  
**Jun 14th, 2023:** Content Session #5 Virtual on Zoom



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